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Local Author Publishes New Novel
*S.C. Sherman publishes “Hell and Back – The First Death”
the first of a trilogy of books by Mr. Sherman*

North Liberty, IA July 16, 2010 – S.C. Sherman of North Liberty announces the release of his new novel “Hell and Back – The First Death.” It is a spiritual thriller that begins with and an old man at the end of his life. His name is Joe Rellik. He has spent his life as a warrior and he was good at it, but as his own death approaches he is full of regrets. Rellik is tormented by the suicide of his daughter and hatches a scheme to rescue her from hell. He knows he would sacrifice anything for the daughter he loves and has lost. Will he find her? Will he get her out? You’ll have to read the book to find out. It’s available at www.hellandbackbooks.com.

"I am excited to release this new book," said Mr. Sherrman. "I was inspired to write the story while listening to a song in my truck. I have been a contractor for 20 years, but I became obsessed with the story. It just poured out of me. I read the Book of Revelation as a sort of research and then I wrote the entire novel in 30 days. My previous books were works of historical fiction but this experience was quite different."

\$2 from the sale of every book goes to a local charity — which is a core value at www.hellandbackbooks.com. Those charities can be viewed on the website and readers can specify a charity at the time of purchase. You can help the community (and the world) with the purchase of each and every novel.

Other books by S.C. Sherman include “Leaving Southfields.” A historical fiction based on true events; it is the story of a young Puritan drawn to America with John Winthrop’s ‘City on a Hill’ experiment. Originally released in 2007 won best Christian Historical that year and is also available on the website. Both Hell and Back-The First Death and Leaving Southfields are the first installments in trilogy sets. The second books of both series will be coming in 2011-12. Also, Mr. Sherman has a young adult fantasy that is in the works for a 2011 release.

In addition to the release of the new book, Mr. Sherman is launching a new business, Ancient Path Publishing. “There is a tremendous need to help authors get their works published,” said Mr. Sherman. “We will help authors obtain an ISBN number and bar code. We can assist with design of book covers, formatting, printing and even will help with marketing efforts.” Authors interested in publishing services should contact Mr. Sherman by going to his website, www.hellandbackbooks.com, then go to "Contact."

Bio: S.C. Sherman grew up on a farm in rural Iowa. He graduated from the University of Iowa with a degree in Communications Studies. He lives in North Liberty and enjoys family life with his wife Amy, and their four children, Mollie, Cole, Brock and Sariah. S.C. Sherman has written across several genres. He loves larger than life stories that keep you guessing and move your soul.